

Magnolia High School

STUDENT ATHLETIC TRAINER PROGRAM

Hands-on Sports Medicine Experience | Real Certifications | Real Skills

What Is the Student Athletic Trainer Program?

- The Student Athletic Trainer Program prepares students to work alongside professional athletic trainers in the prevention, evaluation, and care of athletic injuries. Students gain hands-on experience while learning practical medical, emergency, and rehabilitation skills used in real sports settings.
- This is a year-round program centered around the athletic programs of MHS.

What Students Will Learn

- CPR, First Aid, & AED Certification (through the American Red Cross)
- Athletic taping & bracing techniques
- Wound care & basic injury management
- Emergency response for athletic injuries
- Injury prevention strategies
- Basic physical therapy & rehabilitation techniques
- Professional communication & documentation

Program Structure

- 5 class periods offered throughout the school day
- Approximately 30 students in the program
- Classroom instruction + hands-on lab experiences
- On-campus athletic coverage opportunities

Time Commitment

- Football Season
- One practice day per week
- One game per week
- Second Sport Season
- One practice per week
- Game responsibilities vary by sport and schedule
- This is a **year-round commitment** aligned with MHS athletic seasons.

Expectations

- Professional behavior and dress
- Strong attendance and punctuality
- Willingness to follow safety protocols

Application Information

Applications open in **March** Limited spots available

Link to online application [HERE](#)

Roles & Responsibilities

- Assist with hydration and injury-prevention strategies.
- Set up and break down athletic training and game-day equipment.
- Record and track injury information under AT supervision.
- Observe and learn taping, first aid, and rehabilitation techniques.
- Maintain a professional, reliable presence at practices and games.

Who Should Apply?

Students who

- Are interested in sports medicine, healthcare, or athletic performance
- Are dependable, responsible, and coachable
- Work well with others
- Are willing to learn hands-on skills
- (No prior medical experience required)

Benefits

- Industry-recognized certifications
- Real-world medical experience
- Leadership development
- Resume & college application enhancement
- Exposure to healthcare and sports medicine careers

Tryouts & Selection Process

The Student Athletic Trainer Program holds tryouts each spring semester.

- Application Launch: Information will be posted across all available avenues of communication with
- MHS, PJH and BBJH in March to begin the application process.
- Application Components: Applicants must submit grade checks, teacher recommendations, and a video interview recording.
- Initial Screening: Applications are reviewed by the athletic training staff; selected students move forward to on-field evaluations.
- Spring Football Evaluations (April-May):
- Invited students will attend two practices per week during spring football.
- Junior High students will be bussed to Magnolia High School after school and must be picked up by parents following practice.
- Bus pickup will be coordinated by BBJH coaches for both BBJH and PJH.
- Practices serve as evaluation sessions by both staff and current Student Athletic Trainers.
- See Daily Post Practice Evaluation form
- Final Selection: Invitations are extended based on content of character, attendance, and involvement
- during evaluation practices.
- Click [HERE](#) for more information

Contact Information

TJ Burns - Head Athletic Trainer - tburns1@magnoliaisd.org

Dominique Connolly - Asst' Athletic Trainer - dconnolly@magnoliaisd.org

Student Name: _____

Daily Post Practice Evaluation

Document the most accurate score (0-5) based on your observations today						Date:
	Staff	SAT		Staff	SAT	Notes:
Initiative			Accountability			
Awareness			Character/Maturity			
Work Habits			Teachability			
Team Player			Interest Level			

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